The Intimacy Group aims to provide education and support addressing sexuality and intimacy needs for adult survivors of sexual trauma.

Group members should have experience with therapeutic support groups and/or individual counseling to address sexual trauma and have developed some foundational positive coping skills before participating.

INTAKE REQUIRED PRIOR TO REGISTRATION
REGISTRATION CLOSES January 10, 2024

GROUP GOALS:
- Explore one’s own definitions of healthy sexuality and intimacy in a sex-positive environment;
- Discuss barriers to sexuality and intimacy in a safe, non-judgmental setting;
- Learn & practice tools to increase a participant’s ability to become more in-tune with their sexuality while setting and maintaining boundaries.

ALL GENDERS & SEXUALITIES WELCOME!
ONLINE (ZOOM)
MEETINGS ARE WEEKLY, FOR 10-WEEKS
BEGINS TUESDAY, JANUARY 16, 2024, FROM 6:30-8:30 PM
NO-COST

Group facilitated by Stephanie Canales, MFT Associate, CADC I
e-mail: stephaniec@sarcoregon.org

For more information, or to begin the registration process:
Contact the 24-Hour Support & Resource Line
Call/Text or Chat at (503) 640-5311 or (888) 640-5311

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